

Flavor Nutritional Facts Panels, Ingredient Statements and Allergens

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USI Nonfat Chocolate Classic

81017

Nutrition Facts

Serving Size 1/2 cup (83g)

Servings Per Container

Amount Per Serving

Calories 110 **Calories from Fat** 5

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 75mg **3%**

Total Carbohydrate 24g **8%**

Dietary Fiber 0g **0%**

Sugars 20g

Protein 3g

Vitamin A 0% • Vitamin C 0%

Calcium 10% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Corn Syrup, Pasteurized and Cultured Non Fat Milk, Whey, Cocoa (processed with alkali), Contains Less Than 1% of Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Nonfat Dry Milk, Natural and Artificial Flavors, Modified Food Starch, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and Bifidobacterium.

Contains Milk.

USI Nonfat Cookies and Cream

81018

Nutrition Facts

Serving Size 1/2 Cup (83g)

Servings Per Container

Amount Per Serving

Calories 110 **Calories from Fat** 5

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 80mg **3%**

Total Carbohydrate 24g **8%**

Dietary Fiber 0g **0%**

Sugars 18g

Protein 3g

Vitamin A 0% • Vitamin C 0%

Calcium 10% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Pasteurized Sweet Cream Buttermilk, Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Corn Syrup, Pasteurized and Cultured Non Fat Milk, Whey, Maltodextrin, Cake Base (Wheat Flour, Powdered Sugar, Shortening (Partially Hydrogenated Soybean Oil), Cocoa (Processed with Alkali), Sugar, Caramel Color, Cocoa, Baking Soda, Salt, Natural Vanilla Flavor, Soy Lecithin, Ammonium Bicarbonate), Marshmallow Syrup (Corn Syrup, Sugar, Water, Egg Whites, Artificial Flavors, Xanthan Gum, Lactic Acid, Salt), Contains Less Than 1% Of Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Natural and Artificial Flavors, Non Fat Dry Milk, Cocoa (Processed with Alkali), Modified Food Starch, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Contains Egg, Milk, Soy, Wheat.

US Nonfat New York Cheesecake

81023

Nutrition Facts			
Serving Size 1/2 cup (83g)			
Servings Per Container			
Amount Per Serving			
Calories 100	Calories from Fat 5		
% Daily Value*			
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 10mg	3%		
Sodium 75mg	3%		
Total Carbohydrate 21g	7%		
Dietary Fiber 0g	0%		
Sugars 17g			
Protein 4g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 15%	• Iron 0%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Non Fat Dry Milk, Cheesecake Base (Sugar, Water, Natural Flavor, Nonfat Dry Milk, Lowfat Milk, Lactic Acid, Modified Food Starch, Citric Acid, Turmeric (color), and Yellow #6), Whey, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Contains Egg, Milk.

USI Nonfat Very Strawberry

81025

Nutrition Facts

Serving Size 1/2 cup (83g)

Servings Per Container

Amount Per Serving

Calories 100 **Calories from Fat** 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 60mg **3%**

Total Carbohydrate 21g **7%**

Dietary Fiber 0g **0%**

Sugars 17g

Protein 3g

Vitamin A 0% • Vitamin C 2%

Calcium 10% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Skim Milk, Strawberry Base (Strawberries, Sugar, Natural Flavors, Citric Acid), Corn Syrup, Whey, Nonfat Dry Milk, Contains Less Than 1% Of Natural Flavor, Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Modified Food Starch, Pectin, Red #40, Red #3 and Blue #1. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and Bifidobacterium.

Contains Milk.

USI Lowfat Cake Batter

81022

Nutrition Facts	
Serving Size 1/2 cup (83g)	
Servings Per Container	
Amount Per Serving	
Calories 120	Calories from Fat 20
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 70mg	3%
Total Carbohydrate 21g	7%
Dietary Fiber 0g	0%
Sugars 17g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 10%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Cake Base (Water, Sugar, Natural Flavors, Egg Yolk, Sweetened Condensed Milk (milk, sugar), Corn Syrup, Annatto Extract (for color), Modified Food Starch, Salt, Distilled Monoglycerides, Turmeric (for color)), Non Fat Dry Milk, Cream, Whey, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains Less Than 1% of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and Bifidobacterium.

Contains Milk, Egg.

USI Lowfat Salted Caramel Corn

81024

Nutrition Facts	
Serving Size 1/2 cup (83g)	
Servings Per Container	
Amount Per Serving	
Calories 120	Calories from Fat 20
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 85mg	4%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Sugars 19g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 10%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar (Sugar, Water), Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Caramel Base (Corn Syrup, Butter (cream, salt), Water, Sugar, Sweetened Condensed Skim Milk (Condensed Skim Milk, Sugar), Natural Flavor, Caramel Color, Annatto Extract (for color), Salt, Carrageenan), Salted Caramel Base (Water, Sugar, Brown Sugar, Natural and Artificial Flavors, Modified Food Starch, Salt, Citric Acid), Corn Syrup, Non Fat Dry Milk, Cream, Whey, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains less than 1% of Caramel Color, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and Bifidobacterium.

Contains Milk, Egg.

USI Lowfat White Vanilla

81019

Nutrition Facts	
Serving Size 1/2 cup (83g)	
Servings Per Container	
Amount Per Serving	
Calories 110	Calories from Fat 25
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 70mg	3%
Total Carbohydrate 19g	6%
Dietary Fiber 0g	0%
Sugars 15g	
Protein 4g	
Vitamin A 0%	• Vitamin C 0%
Calcium 10%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Liquid Sugar (Sugar, Water), Pasteurized and Cultured Non Fat Milk, Cream, Corn Syrup, Non Fat Dry Milk, Whey, Sweetened Pasteurized Egg Yolks (Egg Yolks, Sugar), Contains less than 1% of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and Bifidobacterium.

Contains Milk, Egg.

USI No Sugar Added Nonfat Vanilla

81020

Nutrition Facts			
Serving Size 1/2 cup (83g)			
Servings Per Container			
Amount Per Serving			
Calories 80	Calories from Fat 0		
% Daily Value*			
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 5mg	2%		
Sodium 80mg	3%		
Total Carbohydrate 19g	6%		
Dietary Fiber 3g	12%		
Sugars 7g			
Sugar Alcohol 2g			
Protein 4g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 15%	• Iron 0%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Maltodextrin, Whey, Polydextrose, Sorbitol, Non Fat Dry Milk, Contains Less Than 1% Of Milk Protein Isolate, Dextrose, Cellulose Gum, Guar Gum, Carrageenan, Cellulose Gel, Modified Food Starch, Pectin, Natural and Artificial Flavors, Sucralose, Acesulfame K. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Contains Milk.